



PRESS RELEASE:

Bringing back the Summer School

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Students have had about four weeks of holidays and many are now turning to Summer School in order to keep the mind active and find balance amid the summer activities.

Mohan Dhall, CEO of the ATA said, **"More and more parents are realising that their children need balance between electronic media, physical activity and academic focus"**

Specifically, Dhall said,

- **"The use of private tutors and the return of the Summer School is on the rise as parents seek balance between the long holiday break and the need to keep the mind active, stimulated and thinking"**
- **The need for structure and organisation is facilitated by private tutors and tuition organisations that structure revision classes and provide a rewarding alternative to wasted time**
- **The use of electronic media such as a Play Station or Xbox first thing in the morning is not conducive to focused thinking"**

A feature of the summer break has always been the use of some of the time by many senior students to get a well earned break for a few weeks over Christmas prior to starting to revise and prepare for the academic year ahead.

This balance, between the relaxed and the disciplined, is appropriate. Dhall said **"a holiday always feels more rewarding when a little bit of reading, study or academic work is done early in the day while the mind is fresh. This leaves hours for mixing with friends, playing a sport, watching TV, playing electronic media or even working. Students report that they always feel like the later activities are more valued when they have done some study in the morning"**.

David Lee from Pre-Uni New College said, **"It is a good idea for the students to plan the holidays, so that these days can be used more effectively. Particularly for students aiming for the OC or selective schools placement, studying remains essential even though the school year is in recess. Students should make holiday study plans practically, doing their work in a timely manner. This includes reviewing last year's notes. Keeping the brain active will ensure that students will start the academic year positively when they return to school"**

The trend towards the use of Summer Schools is growing as parents increasingly realise the utility of education and value the work of private tutors. Dhall, Pre Uni and many other ATA members run Summer School classes and engage as private tutors.

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